



Wipe out the flu. Schedule a flu shot today.

It's the best way to protect against flu according to the CDC.

The flu affects millions of people each year and can result in severe illness — even death. A flu vaccine is the best defense to not only protect you, but also help protect the people around you. The Centers for Disease Control and Prevention (CDC) recommends annual flu vaccinations for everyone 6 months and older.¹

Choose where to get your flu shot.

Annual flu shots are covered under most medical plans when you use a network provider. Choose one of the options below to get your flu shot.



Your network doctor or other health care professional.



Any of the retail pharmacies listed on the back.



Any of the convenience care clinics listed on the back.

CONTINUED



What to know before your flu shot.

- Most plans cover annual flu shots at 100 percent when you use a contracted network provider.
- Your doctor can tell you which vaccinations may be right for you.
- You'll need to have your health plan ID card ready to get your flu shot.
- You can get your flu shot at any of the pharmacy chains and convenience care clinics listed on the back of this page. They are contracted to provide flu shots for members.

Choose where to get your flu shot from this list of network providers.

Flu shots at these retail pharmacies and clinics are covered at 100% for most plans. However, certain convenience care clinics may not be covered at 100% for those in California. Check your plan details or call the number on your ID card to be sure you're covered at the clinic you choose.

Retail Pharmacies	Pharmacists associated with these retail pharmacies can administer flu shots. No appointments are necessary.
Albertsons® Including Albertsons Sav-on and Albertsons Osco.	albertsons.com/pharmacy/immunizations/
CVS	cvs.com/flu
Harris Teeter	harristeeter.com/pharmacy-services/#/app/cms
H-E-B®	heb.com/pharmacy/services/immunizations.jsp
Hy-Vee	hy-vee.com/my-pharmacy/services/immunizations
Kmart®	pharmacy.kmart.com/newrx-immunization
The Kroger Co. (d/b/a Smith's, Ralph's, Roundy's, Pick 'n Save, Copps Food Center, Metro Market, Mariano's, Fred Meyer, Fry's, QFC, Harris Teeter, King Soopers, City Market, Food 4 Less, Dillons, Baker's, Gerbes, Jay C Food Stores, Owen's, Pay Less, Scotts)	kroger.com/topic/pharmacy/#/vaccinations-made-easy
Meijer®	meijer.com/content/content.jsp?pageName=immunization_services
New Albertsons Including Acme Sav-on, Jewel-Osco, Star Market, Shaws Osco and Safeway.	albertsonssavonpharmacies.com/ishp/ishp_adultimmunizations.action
Publix®	publix.com/pharmacy-wellness/pharmacy/preventive-care/vaccinations
Rite Aid®	riteaid.com/pharmacy/services/vaccine-central
Safeway® Including Carrs, Pak'N Save, Pavilions, Randalls, Tom Thumb and Vons stores.	safeway.com/ShopStores/Immunizations.page
Shopko® Including Shopko Express and Shopko Hometown.	shopko-pharmacy.com/flushots.php
United Supermarkets Including Albertsons Market, Amigos and Market Street.	acmemarkets.com/pharmacy/immunizations/
Walgreens® Including Duane Reade, Jim Myers, Kerr Drug, May's Drug, Parkway Drug and Super D.	walgreens.com/flu
Walmart® Stores Inc. and Sam's Club	walmart.com/cp/1228302
Network Convenience Care Clinics	Convenience care clinics are typically located in retail stores and don't require appointments.
MinuteClinic®	minuteclinic.com/services/vaccination
RediClinic®	rediclinic.com/riteaid
The Little Clinic®	thelittleclinic.com
Walgreens Healthcare Clinic	walgreens.com/topic/pharmacy/healthcare-clinic.jsp
Walmart Care Clinic®	walmart.com



To find network care, visit your member website or call the number on your health plan ID card.



¹ www.cdc.gov/flu/protect/keyfacts.htm#flu-vaccination.

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